



Conquer Your Fear of Singing in 8 weeks

All Eight Sessions required

Every Saturday from Sept. 7 - 11: 4:30 pm–5:30 pm (dates & Times subject to change **With Notice**)

Accompaniment provided

Cost: \$140.00 [Register](#)

Course Description, Objectives & Syllabus Overview

Course Objectives

By the end of this course, students will have:

- Gained confidence
- Learned basic vocal technique
- Developed tools to maximize successful singing
- Acquired skills to determine best styles and keys for themselves

Course Syllabus

(Syllabus & location may change based on students and facility)

Basic Info: Cell phones, Breaks & Amenities, NYU Classroom Online and Additional resources

This will be a Safe and supportive environment

- Comments are welcome, but only if they advance the class' learning
- Respect each other and say things in the way you would like them said to you.
- You will have an opportunity to try singing with accompaniment in front of your classmates

Week 1 – Welcome and overview

- Brief info on your Instructor (more at website)
- Introduce yourself
 - And what do you want to accomplish in this course
 - My history with this issue
- **Gremlins**
 - What are they
 - They don't have to be yours, let's just identify them
 - Where do they come from - Again not you personally, just identify the origin
- **Reasons to Sing**
 - Positive
- **Overview of how we will get**
 - From where you are now
 - To overcoming those fears to
 - Delight in the joy of singing
- **Assignment:**
 - Listen, listen, listen

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- Make list of:
 - Artists you like and Songs you like
 - Send (e-mail) to me by Tuesday before next class (and Bring list to class)

Week 2 – Developing a plan of action

- **What tools do you need?**
 - Technique
 - Ear training
 - Support team and what You might also need
- **Steps**
 - Plan
 - Learn
 - Explore – testing the waters
 - Everyone in the pool - singing with confidence
- **Assignment:**
 - Listen, listen, listen
 - What song would you like to learn to sing - Pick 1
 - I heard that ☺ (trust me, I'll get you there)
 - *It's only week 2, you have time*
 - *Get song to me (will tell you how to do that)*

Week 3 – Implementing plan of action

- Tools
 - Intro to technique & ear training
 - *Intro to rhythm*
 - *How to read the rhythm in your song*
- Assignment
 - Practice technique tool with MP3
 - Looking at handout sheet while practicing will reinforce ear training.
 - Practice the rhythm of your song

Week 4 – Implementing plan of action – more

- Tools
 - More technique & ear training
 - Identification of challenging area(s)
 - Turning Challenge into achievement
 - How to find the right key for you to sing that song comfortably
 - *Determine your key (with help)*
- Assignment
 - Practice technique tool with MP3(will be provided by instructor)
 - Reminder: looking at handout sheet while practicing will reinforce ear training.

My assignment: make mp3 of song in your key (like a karaoke version)

Week 5 –Implementing plan of action – “toe in water”

'Member that song (**Breathe**)

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- *We're going to start to sing it in your new key*
 - Everyone will get a chance – so you won't be alone
 - Assignment
 - Technique 1st - always warm up before singing
 - Start to practice (with audio help)

Week 6 – “toes in water”

- We're going to sing more of your song in your key
 - Everyone will get a chance – so you won't be alone
- *How to memorize lyrics (as they say in theatre – get “off book”)*
- Assignment
 - Technique 1st - always warm up before singing
 - Start to practice (with audio help)
 - Write out lyrics and practice them like we discussed in class

Week 7 – “up to the waist” – Give it a 1st try

- *We're going to sing the whole song*
 - Everyone will get a chance – so you won't be alone
- Work on difficult sections
- Ways to memorize lyrics (and why)
- Assignment
 - Technique 1st - always warm up before singing
 - Practice (with audio help)
 - Start to memorize lyrics and practice them like we discussed in class

Week 8 – How to Carnegie Hall?

- *We're going to sing the whole song (only peak at lyrics)*
 - Everyone will get a chance – so you won't be alone
- Work on difficult sections
- Assignment
 - Technique 1st - always warm up before singing
 - Practice (with audio help)
 - **Memorize lyrics**

**** Suggested Next Course: Sing Anywhere Performance Prep**